



SOUTHERN IDAHO
OPHTHALMOLOGY

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Minor Surgery Instructions

- 1.) IF YOU TAKE ANY TYPE OF ANTICOAGULANT MEDICINE SUCH AS ASPIRIN, IBUPROFEN, ECOTRIN, NAPROXEN, HEPARIN, INDOCIN, TICLID, COUMADIN, WARFARIN, FRAGMIN, LOVENOX AND/ OR HERBAL SUPPLEMENTS SUCH AS VITAMIN E, BILBERRY, COENZYME Q10, CRANBERRY, FISH OIL, GARLIC, GINGER, GINKGO, GINSENG, NIACIN, ST. JOHN'S WORT, DANSHEN, OR FEVERFEW.

YOU WILL NEED TO STOP THIS/THESE MEDICATION(S) _____ DAYS PRIOR TO YOUR SURGERY.

PLEASE CONTACT YOUR MEDICAL DOCTOR TO MAKE SURE THIS IS ACCEPTABLE.

- 2.) Please bring someone with you to the office that can drive you home.
3.) Do not wear any eye make-up.

**If you are taking anything that you are concerned about please let us know.
Please feel free to call the office if you have any questions.**